

QUESTION BANK

Grade 1 -EVS

CHAPTER 7: FOOD WE EAT

A. Rearrange the letters to find out the name of the vegetable.

1. R H I A S, 2. A N B E S, 3. S C H N A P I, 4. C R A O T R

Ans: 1. RADISH 2. BEANS 3. SPINACH 4. CARROT

B. Answer the following questions.

1. Why do we eat food?

Ans: We need food to live and grow. Food gives us energy to work, play and think. It also helps us to grow big and strong.

2. From where do we get food?

Ans: We get food from plants and animals.

3. Give examples of different types of plant food.

Ans: Fruits, vegetables, pulses, cereals and oils are examples of plant food.

4. What do we make from wheat?

Ans: We use wheat to make bread and chapattis.

5. Name any two things we make from milk.

Ans: We make butter, cheese, curd and ghee from milk. (any two)

6. Name the special food that is made during Eid.

Ans: The special food that is made during Eid is sevaiyan

THE END